

MANTECA HIGH SCHOOL

GRADES 7-12
ACADEMIC and CAREER PLANNING FOLDER

Name _____
Graduation Year _____

Blank Areas: fill in with your choices/what you have done. (use a pencil)

See back of folder for class planner.

	7 th	8 th	9 th	10 th	11 th	12 th
Career Goal (What do you want to do?)			10 Year Plan			
Educational Goal (What do you want to do?)			10 Year Plan	3 Year High School Plan		
MHS Pathway (Which pathway fits you?)						
Interest Surveys (Have you completed them?)		8 th Grade Career Report	9 th Grade Interest Survey			Senior Surveys
Career Exploration (What have you done?)		8 th Grade Career Report	Career Choices Curriculum			
Class Selection (What classes are you taking?)	fill out planner (see counselor)	fill out planner (see counselor)	fill out planner (see counselor)	fill out planner (see counselor)	fill out planner (see counselor)	fill out planner (see counselor)
Advisor's Name Initialed/Date						

Visit these websites to help plan for colleges and careers:

www.californiacolleges.edu

www.cacareerzone.com

Visit these websites for MHS and course information:

www.mantecausd.net (high schools, MHS website)

www.mantecausd.net (student/parent resources)



CAREER EXPLORATION

Check off items as you complete them.

9th 10th 11th 12th

9th 10th 11th 12th

<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Take an interest assessment	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Research a career in depth
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Discuss plans with parents/teachers/counselor	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Acquire job-finding skills
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Develop a four year high school plan	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Prepare a resume
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Identify career interest area	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Apply for a job
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Investigate post-high school options	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Take the ASVAB
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Transcript review/class selection	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Apply to the Military

POST-SECONDARY EDUCATION EXPLORATION

Check off items as you complete them.

9th 10th 11th 12th

9th 10th 11th 12th

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Review A-G requirements |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Develop Academic 4 year plan |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Requirements for Community College |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Requirements for Trade School |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Research potential colleges |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Transcript review/class selection |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Explore College/Trade School Websites |

- | | | | | |
|--------------------------|--------------------------|--|--|----------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | | | PSAT |
| <input type="checkbox"/> | <input type="checkbox"/> | | | SAT/ACT |
| <input type="checkbox"/> | <input type="checkbox"/> | | | FAFSA (Financial Aid) |
| <input type="checkbox"/> | <input type="checkbox"/> | | | NCAA Clearinghouse for Athletes |
| <input type="checkbox"/> | <input type="checkbox"/> | | | Apply to College(s) |
| <input type="checkbox"/> | <input type="checkbox"/> | | | Apply for Scholarships |
| <input type="checkbox"/> | <input type="checkbox"/> | | | Submit final transcripts in June |



MANTECA HIGH SCHOOL 4 YEAR COURSE PLANNER

225 Credits Required for Graduation
+ Successful Completion of Algebra 1
+ Pass Both Parts of the CAHSEE

Write in the courses you will be taking at MHS that meet the needs of your Academic and Career Goals.
(See MHS pathways handout, grade level course selection guide, MUSD course catalog and counselor for class options)

9 th Grade	<u>English*</u> _____	<u>Social Science</u> Health Drivers Ed	<u>Math*</u> _____	<u>PE</u> Core PE	<u>Elective</u> _____	<u>Elective</u> _____
10 th Grade	<u>English*</u> _____	<u>Social Science</u> World History	<u>Math*</u> _____	<u>PE</u> _____	<u>Elective</u> _____	<u>Elective</u> _____
11 th Grade	<u>English*</u> _____	<u>Social Science</u> U.S. History	<u>Math*</u> _____	<u>Elective</u> _____	<u>Elective</u> _____	<u>Elective</u> _____
12 th Grade	<u>English*</u> _____	<u>Social Science</u> Economics Government	<u>Elective</u> _____	<u>Elective</u> _____	<u>Elective</u> _____	<u>Elective</u> _____

*Math and English classes are selected based on teacher recommendation and STAR scores.
Two Electives must be Science classes (1 Life Science, 1 Physical Science)
One Elective must be a Fine Arts class.

Required Courses Needed for Graduation

- English 4 years (40 credits) English 1, English 2, English 3, English 4 or equivalent
- Math 3 years (30 credits) Two years in Math Department, 3rd year math equivalent
- Social Science 3 years (30 credits) World History, US History, Government/Economics
- Science 2 years (20 credits) Life Science and Physical Science
- PE 2 years (20 credits) Core PE and other PE Elective
- Health 1 semester (5 credits)
- Safety/Drivers Ed 1 semester (5 credits)
- Fine Arts 1 year (10 credits) See course catalog for courses that meet this requirement

How Credits are Earned

Earn 5 credits for passing each class per semester

Semester 1.....6 classes x 5 = 30 credits

Semester 2.....6 classes x 5 = 30 credits
60 credits per year

60 credits x 4 years = 240 credits possible
Credits needed for graduation = 225

A-G UC/CSU Requirements

"Grade of C or better required"

- | | |
|------------------|-------------------------------|
| English | 4 years |
| Math | 3 years (4 years recommended) |
| Social Science | 2 years |
| Science | 2 years (3 years recommended) |
| Foreign Language | 2 years (3 years recommended) |
| Fine Art | 1 year |
| Elective | 1 year |